



Northstar Family Support Project

STRATEGIC PLAN 2014 - 2016

www.northstarproject.ie

Tel: 061 459 260

VISION

Anybody that is affected by Drug and Alcohol misuse who needs a voice will be heard and supported in a safe place



MISSION STATEMENT

To provide non-judgemental, confidential supports to family members and friends who are affected by Drug and Alcohol misuse

VALUES

- We believe everyone is unique and on a unique journey.
- We believe in providing a safe, warm and nurturing space for growth.
- We work from a strong community development ethos that encourages equality, partnership and ownership of the project.
- We believe in supporting people to reach their full potential at their own pace through the promotion of trust honesty and respect.



To provide a range of supports to meet the needs of the family members and friends who are affected by drug and alcohol misuse

Strategic Goal 1

Objectives

- 1.1 To identify the needs of the people we work with.
- 1.2 To work with our participants through a range of services and build their self-esteem, self-worth and confidence.
- 1.3 To provide our participants with opportunities for respite and self-care which will enable them to take a break from the stress and trauma that they may be experiencing in their daily lives.
- 1.4 To forge partnerships with other services and refer participants where and when necessary to those services ensuring they are receiving the best service provision and support available.
- 1.5 To liaise with other services and act as an advocate on our participants behalf when requested.

Actions

- Information sessions
- Case management and reviews
- One on one work
- Outreach work
- Peer support
- Group work
- Access to counselling
- Access to complimentary therapies
- Men's support group
- Annual service of commemoration and hope
- Access to respite
- Summer and Christmas residential
- Networking with agencies
- Interagency work
- Referrals to specialised service providers



To continue to manage the organisation effectively

Strategic Goal 2

Objectives

- 2.1 To continue to secure adequate funding to ensure the projects' continued survival and development.
- 2.2 To ensure all the areas of the project are managed in an effective, efficient and transparent way.
- 2.3 To recognise the value of both staff and volunteers and continue to empower them through support, encouragement and creating opportunities for development.
- 2.4 To ensure an excellent standard of governance is maintained within the organisation, complying with all statutory, regulatory and reporting requirements.
- 2.5 To continuously review the growing needs of the project and ensure our premises meet those needs sufficiently into the future.
- 2.6 To maintain relevant, up to date records within the project allowing us to track the development of the project and to plan effectively for future service provision.
- 2.7 To develop a comprehensive PR Strategy that enables us to effectively promote the project.



Actions

- Applying for funding
- Managing finances
- Management of staff and volunteers
- Volunteer programmes
- Volunteer engagement
- Informal training
- Personal development
- Organisation review
- Record keeping
- Reporting procedures
- Track numbers accessing the service
- Provide an appropriate building
- Promote the service

To collaborate and participate with key stakeholders

Strategic Goal 3

Objectives

- 3.1 To encourage active involvement in our service by our participants ensuring we remain true to our Community Development Principles.
- 3.2 To continue to actively engage with community based initiatives to complement our outreach work across the city.
- 3.3 To participate on local forums and committees to forge partnership within the communities we work.
- 3.4 To participate on citywide and statutory committees to further develop interagency work and information sharing while also ensuring family support remains to the forefront of relevant agendas.
- 3.5 To continue to forge strong links with existing funding bodies.
- 3.6 To continue to identify possible partnership arrangements which facilitate us to secure additional funding opportunities.

Actions

- Facilitate participants to sit on the board of management
- Co-facilitate community initiatives with other professions
- Participate on local committees
- Participate on city wide forums
- Apply for one off funding opportunities and small grants



To influence policy on issues relating to drug and alcohol misuse at local, regional and national level

Strategic Goal 4

Objectives

- 4.1 Provide opportunities for staff and participants to use the knowledge we have gained and the information we have gathered and share them with relevant bodies.
- 4.2 To participate on and positively influence local drug and alcohol networks.
- 4.3 To ensure relevant statutory bodies and decision makers are aware of the issues on the ground by providing them with the rich information gathered within the project.
- 4.4 To utilise the power of the media and social media to convey the work of the project and also the learning we experience through the development of the service and our participants.

Actions

- Advocate for Northstar Family Support Project
- Advocate for our participants
- Participate on Mid-West regional drug and alcohol task force/ forum
- Share information with other agencies and groups
- Maintain internet presence
- Publish articles



To grow the organisation throughout the City

Strategic Goal 5

Objectives

- 5.1 To identify the specific gaps in the provision of support to family members and friends who are affected by drug and alcohol misuse throughout Limerick City.
- 5.2 To expand service provision throughout the city to meet identified gaps in consultation with participants from newly identified areas.
- 5.3 To actively identify and secure funding to support the roll out and maintenance of services in the newly identified areas throughout the city thus safeguarding future service provision.
- 5.4 To provide a range of relevant services across the city to meet the needs of those who live there and are affected by a family member or friends drug and alcohol misuse.

Actions

- Conduct research
- Provide outreach
- Expand group work provision
- Apply for funding
- Increase access to services
- Provide information
- Advertise the service





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